

PCA's SCC 2024 Public Health Policy

January 12-14, 2024 | Las Vegas, NV

At the time of writing of this policy, cases in Clark County are low-moderate, with related hospitalizations and bed occupancy increasing slightly, and related deaths stable at low levels. Cases around the U.S. are expected to increase with winter holiday travel and social intermingling. Based on the information surveyed from the World Health Organization, the United States Center for Disease Control and Prevention, Clark County and other relevant government and data reporting entities, the PCA Sin City Classic (SCC) 2024 Policy is summarized as follows:

VACCINES AND BOOSTERS	MASKS	TESTS
<p>Not required Strongly recommended for:</p> <ul style="list-style-type: none"> • COVID-19 • Influenza • Others e.g. RSV (defer to your medical practitioner) 	<p>Required under the following circumstances:</p> <ul style="list-style-type: none"> • Within 6-10 days following a COVID-19 diagnosis • Within 5 days of a known exposure • New symptoms of transmissible illness develop • If visiting a health facility for PCA purposes (not planned) <p>Strongly recommended in transit</p>	<p>Not required Strongly recommended for:</p> <ul style="list-style-type: none"> • Follow-up from exposure prior to travel • Follow-up from exposure while in Las Vegas • Development of new symptoms

***You may not participate in days 0-5 of a positive COVID-19 diagnosis.**

PLEASE NOTE: PCA may change this policy at any time in response to changing guidance, approvals, local conditions, or other relevant criteria, as deemed in the best interest of the organization, its members, the entire SCC community, and the broader communities we serve. Should requirements change, all efforts will be made to provide sufficient notice of changing requirements, ample time to fulfill the new requirements, and assistance to help all members understand their options and act accordingly.

We sincerely appreciate your consideration and cooperation in making this a safe AND cheerful event for all! Please read the full policy text described below.

In order to participate, PCA will require all of its participants and volunteers at any/all PCA activities adhere to the following guidelines:

VACCINES AND BOOSTERS

Vaccines and/or boosters are not required for PCA participation, but are **strongly** encouraged for commonly circulating pathogens, particularly COVID-19, Influenza, and RSV, and other common illnesses. Keeping up to date with vaccines and boosters can protect yourself from severe medical outcomes, while also protecting your community by reduction of transmission. If it has been more than 2 months since you received a COVID-19 booster or vaccine, it is recommended that you receive the new vaccines approved in fall of 2023. Please speak with your medical practitioner for additional health guidance involving vaccines or other medical prophylactics for non-respiratory illnesses. U.S. Center for Disease Control (CDC) vaccine resources can be found [here](#).

MASKS

Masks are welcomed at any time but will not be required except in the following circumstances:

1. You are within 6-10 days from a positive COVID-19 diagnosis - PCA **strongly** suggests you not fly or attend a densely populated event if you are in this category. There is plenty of scientific evidence to suggest COVID-19 continues to spread after day 5, even amongst the newer, faster moving strains. However, since PCA is not formally tracking COVID-19 cases, it is up to each individual to make decisions that are responsible and respectful for themselves and those who stand to be impacted. You are expected to, at minimum, follow the [CDC guidelines for isolation](#) and wear a mask at all PCA-sponsored events between days 5 and 10. **You may not participate in days 0-5 of a positive COVID-19 diagnosis.**
2. You develop symptoms while in Las Vegas - PCA **strongly** suggests you take a test promptly if you develop symptoms consistent with COVID-19 or other commonly circulating illness. However, with or without testing, you will attest to monitor your own health (as described below) such that if you develop symptoms that are atypical of your personal biology (e.g. a persistent cough), you will agree to wear a mask to prevent spread of whatever is causing your symptoms at official PCA events. Common symptoms of COVID-19 can be found [here](#).
3. You are within 5 days of a known exposure - you will also attest (as described below) that you are either not aware of any exposures within the last five days at the time of your travel OR that, if you have been exposed, you will wear a mask through day five at all official PCA-events. If you do not develop symptoms, you are **strongly** encouraged but not required to test to confirm absence of COVID-19, and you may continue to participate without mask after day 5. If you do develop symptoms, you are **strongly** encouraged to test or isolate until you can obtain a test, and will otherwise agree to wearing a mask at official PCA events (as stated in item 2 above and the attestation text below).
4. You are visiting a health facility as part of an official PCA event - the government of the United States still recommends masking in certain indoor spaces. To keep these spaces safe and accessible for those who may be high-risk in these indoor spaces, PCA members will be required to mask at designated events (i.e. beneficiary-related clinic, office, etc.). **As of now, no such group indoor events of this kind are planned. Hired buses are not public transportation and therefore masking will not be required, although it is encouraged given the potential for transmission in tight spaces with little ventilation and lots of people.**

In the event you are required to wear a mask, a minimum of 2-ply surgical mask is required. N95, KN95, KF94, or other higher quality masks are recommended. **Cloth masks are not allowed.**

TESTS

COVID-19 tests are not required at any time, but are **strongly** recommended prior to travel to inform your health and wellness attestation. Additionally, tests are **strongly** recommended in the following cases:

1. You were exposed to COVID-19 prior to travel, in which case you would test at minimum on day 5 and per FDA recommendation again on day 7 in the absence of symptoms, or upon symptom onset
2. You develop any symptoms while in Las Vegas.
3. A stunt partner or roommate develops any symptoms or tests positive while in Las Vegas, in which case you would ideally test promptly but at minimum on day 5 and per FDA recommendation again on day 7 in the absence of symptoms, or upon symptom onset

CDC recommendations on testing following exposure can be found [here](#).

IF YOU ARE OR RECENTLY HAVE BEEN ILL

- **As stated above – you may not participate in days 0–5 of a positive COVID-19 diagnosis.**
- **You should also not fly if you are actively sick with COVID-19. If you get sick within five days of your planned departures to or from Las Vegas, refer to your medical practitioner and/or [CDC travel guidelines](#).**
- **If you are in days 6–10 following a COVID-19 positive diagnosis, you are encouraged to isolate for your own health and that of those around you, but you may, at minimum, follow the CDC guidelines for leaving isolation and masking continuously throughout days 6–10.**
- **If you are ill with something other than COVID-19 and are actively experiencing symptoms or fatigue, you are strongly recommended to isolate and rest, but may participate and will be required to mask as per the attestation.**
- **If you have recently been ill with something other than COVID-19 and your symptoms have resolved, defer to your medical practitioner for best practices, but your participation will not be limited from PCA’s perspective.**

ATTESTATIONS

Prior to participation, you will provide your name and agreement to the following attestations:

- In the five days prior to my travel to SCC 2024, I have not tested newly positive for COVID-19, nor have I been instructed to self-isolate due to concern of COVID-19 or other transmissible infection. **I understand that I may not participate with PCA in days 0–5 and that I must mask continuously between days 6–10 of a positive COVID-19 diagnosis.**

- In the five days prior to my travel to SCC 2024, I have not experienced any common symptoms of transmissible illness OR I will agree to wear a mask to prevent infection for five full days from symptom onset.
- In the five days prior to my travel to SCC 2024, I have **EITHER** not been exposed to any individual who is under investigation for COVID-19 or who has tested positive for COVID-19 **OR** have been exposed and agree to wear a mask for five full days following the latest exposure.
- For each day that I am participating with PCA at SCC 2024, I will conduct a self health-check for common symptoms of transmissible illness.
- If I develop any symptoms - of COVID-19 or likely other transmissible illness - while at SCC 2024, I agree to wear a mask to prevent infection for five full days from symptom onset.
- If I receive a positive COVID-19 diagnosis while at SCC 2024, I agree to follow the CDC's recommendations for isolation and immediately refrain from participation in PCA events. I understand that I am encouraged to share my test results with those who stand to be most impacted and/or PCA Leadership to help others manage their risk, with my consent. To inform PCA of symptoms or test results, I will contact secretary@pridecheerleading.org Cc president@pridecheerleading.org.
- I agree to wear a mask when visiting a health or other designated facility as part of any official PCA events.
- If I am required to wear a mask per conditions stated in the above policy, I agree to wear a minimum of 2-ply surgical mask and I understand that cloth masks are not allowed.
- I acknowledge that my team or organizational leadership may have requirements above and beyond PCA's policy, and agree to act accordingly.
- I acknowledge that individuals participating may impose their own mitigations and are welcome to do so at any time.
- I acknowledge that PCA has the right to change these policies at any time in the best interest of the organization, event, participants, and the broader communities we serve.
- I certify that the information provided in this form is true and accurate. I understand that knowingly providing false information regarding my health and/or exposures may render me ineligible to participate in this or future PCA events.

PCA will not:

- **Formally monitor exposures that occur after the event has started.** We request that all participants be honest and transparent about their health as required by the various attestations, thereby providing the best information for other participants and volunteers to assess any impacts to their health by those who develop symptoms or have positive test results while at the event. We **encourage** individuals to adhere to current guidance by CDC, such that those who were exposed with high transmission factors as described [here](#) should begin full-time masking indoors promptly. For full CDC guidance on what to do when exposed, please read more [here](#).
 - If you develop symptoms or test positive for COVID-19 or other transmissible illness during the event, **you are encouraged to share your test results with those who stand**

to be most impacted and/or PCA Leadership to help others manage their risk, with my consent. To inform PCA of symptoms or test results, please contact secretary@pridecheerleading.org Cc president@pridecheerleading.org.

- If you test positive for COVID-19 within the week following the event, we **encourage** you to contact president@pridecheerleading.org and Cc secretary@pridecheerleading.org, notifying them of your positive result. The PCA Board will work with you to help notify those individuals at elevated risk of exposure based on your interactions OR issue a blanket notification to all PCA participants, protecting your anonymity if you so choose.
- **Monitor mask wearing or other mitigations outside of PCA time.** While PCA encourages all its volunteers to comply with all local and national regulations and follow public health recommendations based on conditions at the time of the event, PCA has no expectation or intention of controlling mitigation strategies used by its members outside of official PCA events. Moreover, PCA will not make any decisions about participant eligibility for official events based on mitigations used or not used during non-PCA time. We encourage all volunteers to talk openly with their stunt partners and roommates about comfort levels and risk tolerance **prior to** the event to set realistic expectations and goals.